

20 Days of Harvest



Cereals



Pasta sauce



Tinned spaghetti



Beans



Soup



Pasta



Rice



Tea/coffee



Dilute/juice



Long life (UHT)
milk



Tinned/instant
potatoes



Tinned fruit



Tinned fish



Tinned meat



Tinned
vegetables



Biscuits



Instant
noodles/pasta



Gravy granules



Rice pudding



Toiletries



For more information, visit:
www.barnsley.foodbank.org.uk