

# 25 Days of Food Bank



Rice

Pasta  
sauce

Pasta

Tinned  
tomatoes

Soup

Cereals

Tinned  
spaghetti

Tinned  
beans

Long life  
(UHT)  
milk

Gravy  
granules

Tinned  
potatoes

Packet  
potatoes

Biscuits

Rice  
pudding

Tinned  
fish

Tinned  
fruit

Tinned  
meat

Jam,  
spread or  
syrup

Tinned  
veg

Dilute/  
juice

Custard

Tea or  
coffee

Instant  
pasta/  
noodles

Christmas  
treat

Toiletry  
item